



★ TENNIS THANKS THE TROOPS AMBASSADOR PROFILE ★

## CHRISTINE FOLTZ



**TENNIS CONCIERGE, CONSULTANT & HEALTH COACH**  
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"I support ThanksUSA's Tennis Thanks the Troops because these events give those who served our country an opportunity to experience our "sport for a lifetime" in whatever physical capacity they may be in, as well as rewarding their sacrifice for us by funding educational opportunities for their families!"

### ABOUT CHRISTINE

Christine Foltz is a former USTA FL Masters Tennis Program Coordinator, Fitness Expert, and Bio-Individual Transformational Health Coach. Christine brings 35+ years of combined experience in fitness, movement and health education, competitive and recreational tennis and sports, movement performance and educational applications in the fine arts, life skills and nutrition consulting, industrial and outdoor recreational rehabilitation, innovative enhancements for performance in competitive and recreational event experiences, and recreational tennis programming and implementation.

Christine has worked with young healthy adults, de-conditioned, pre- and post-surgical clients, children through senior individuals in sport biomechanics, postural analysis and body composition, integrative health principles, work-site ergonomics, back-to-work programs, as well as tennis for recreational, blind and physically disabled players. She specializes in the adult demographic and integrates her experiences in increasing awareness of alternative sports and integrating a variety of health options.