

# ThanksUSA Veterans Tennis

## PLAYER SPOTLIGHT

You don't have to be on the tennis court to know that Army Veteran Sharon is playing — her irresistible laugh and encouraging words echo throughout the Tennis Corps clinic. Each week, Sharon relieves the stress and anxiety she lives with daily by volleying with friends, pushing her physical limits, and hitting the ball HARD!

“Tennis,” she says, “is another way I can express myself because of my disabilities. It's my way of getting some of the agony, stress and anxiety out without having to express it other ways.”

Sharon has a powerful connection with the junior players because she leads with her heart and is encouraging and welcoming to everyone. Her example has allowed these traits to be mirrored back to the Veterans of Tennis Corps.

In Sharon's words, “A lot of people in society find us a little stand-offish, like we were different because of our disabilities, but these kids, they embrace us.”

